Coverage for: Individual/Family | Plan Type: PPO

# The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

<u>www.bcbsil.com/member/policy-forms/2019</u> or by calling 1-800-541-2768. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance</u> <u>billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at

https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Individual: Blue Choice \$500 PPO \$1,500 Out-of-Network \$3,000 Family: Blue Choice \$1,500 PPO \$4,500 Out-of-Network \$9,000	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Certain <u>preventive care</u> services and services with a copay are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. ER \$400; Inpatient \$250/\$500/\$600; Outpatient Surgery Facility \$200/\$400/\$500. There are other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Yes. Individual: Blue Choice \$500 PPO \$3,000 Out-of-Network \$9,000 Family: Blue Choice \$1,500 PPO \$9,000 Out-of-Network \$27,000	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums, balance-billed</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	1-800-541-2768 for a list of	You pay the least if you use a <u>provider</u> in Blue Choice Network. You pay more if you use a <u>provider</u> in PPO Network. You will pay the most if you use an <u>out-of-network provider</u> , and
	Participating <u>Providers</u> .	you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay	1	
Common Medical Event	Services You May Need	Blue Choice Provider (You will pay the least)	PPO Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$20/visit; <u>deductible</u> does not apply	\$50/visit; <u>deductible</u> does not apply	50% <u>coinsurance</u>	Virtual Visits: \$20/visit. See your benefit booklet* for details.
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$40/visit; <u>deductible</u> does not apply	\$100/visit; <u>deductible</u> does not apply	50% <u>coinsurance</u>	None
	Preventive care/screening/ immunization	No Charge; <u>deductible</u> does not apply	No Charge; <u>deductible</u> does not apply	50% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$20 PCP/\$40 SPC/visit; <u>deductible</u> does not apply	\$50 PCP/SPC \$100/visit; <u>deductible</u> does not apply	50% <u>coinsurance</u>	<u>Preauthorization</u> may be required; see your benefit booklet* for details.
	Imaging (CT/PET scans, MRIs)	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	

\*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsil.com/member/policy-forms/2019</u>.

			What You Will Pay	/	
Common Medical Event	Services You May Need	Blue Choice Provider (You will pay the least)	PPO Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Preferred generic drugs	Retail - Preferred - No Charge Non-Preferred - \$10/prescription Mail - No Charge; <u>deductible</u> does not apply	Retail - Preferred - No Charge/prescription Non-Preferred - \$10/prescription Mail - No Charge; <u>deductible</u> does not apply	\$10/prescription;	
If you need drugs to treat your illness or condition More information about <u>prescription drug</u> <u>coverage</u> is available at	Non-preferred generic drugs	- \$10/prescription Non-Preferred - \$20/prescription Mail - \$20/prescription;	Retail - Preferred - \$10/prescription Non-Preferred - \$20/prescription Mail - \$20/prescription; <u>deductible</u> does not apply	\$20/prescription; <u>deductible</u> does not apply	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> limited to a 30-day supply. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. All Out-of-Network prescriptions are subject to a 50% additional charge after
https://www.bcbsil. com/member/ prescription-drug-plan- information/drug-lists	Preferred brand drugs	Retail - Preferred - \$35/prescription Non-Preferred - \$55/prescription Mail - \$70/prescription;	Retail - Preferred - \$35/prescription Non-Preferred - \$55/prescription Mail - \$70/prescription; <u>deductible</u> does not apply	\$55/prescription; <u>deductible</u> does not apply	the applicable copay/ <u>coinsurance</u> . Additional charge will not apply to any <u>deductible</u> or out-of-pocket amounts. You may be eligible to synchronize your prescription refills, please see your benefit booklet* for details.
	Non-preferred brand drugs	- \$75/prescription Non-Preferred -	Retail - Preferred - \$75/prescription Non-Preferred - \$95/prescription	\$95/prescription;	

			What You Will Pay	1	
Common Medical Event	Services You May Need	Blue Choice Provider (You will pay the least)	PPO Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
		<u>deductible</u> does not apply	Mail - \$150/prescription; <u>deductible</u> does not apply	-	
	Preferred <u>specialty drugs</u>	\$150/prescription; <u>deductible</u> does not apply	\$150/prescription; <u>deductible</u> does not apply	\$150/prescription; <u>deductible</u> does not apply	
	Non-Preferred <u>specialty drugs</u>	\$250/prescription; <u>deductible</u> does not apply	\$250/prescription; <u>deductible</u> does not apply	\$250/prescription; <u>deductible</u> does not apply	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200/visit	\$400/visit plus 30% <u>coinsurance</u>		<u>Preauthorization</u> may be required. For Outpatient Infusion Therapy, see your
	Physician/surgeon fees	No Charge	30% coinsurance		benefit booklet* for details.
	Emergency room care	\$400/visit	\$400/visit	\$400/visit	Per occurrence <u>deductible</u> waived if admitted.
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	No Charge	<u>Preauthorization</u> may be required for non-emergency transportation; see your benefit booklet* for details.
	<u>Urgent care</u>	\$75/visit; <u>deductible</u> does not apply	\$75/visit; <u>deductible</u> does not apply	\$75/visit; <u>deductible</u> does not apply	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250/visit	\$500/visit plus 30% <u>coinsurance</u>	\$600/visit plus 50% <u>coinsurance</u>	<u>Preauthorization</u> required. <u>Preauthorization</u> penalty: \$1,000 or 50% of the eligible charge.
··,	Physician/surgeon fees	No Charge	30% coinsurance		See your benefit booklet* for details.
If you need mental health, behavioral health, or substance	Outpatient services	\$20/office visits or No Charge for other outpatient services	or 30%	50% <u>coinsurance</u>	Outpatient: <u>Preauthorization</u> may be required; see your benefit booklet* for details. Inpatient: <u>Preauthorization</u> required.
abuse services	Inpatient services	\$250/visit	\$500 plus 30% <u>coinsurance</u>	\$600/visit plus 50% <u>coinsurance</u>	

\*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsil.com/member/policy-forms/2019</u>.

			What You Will Pay	/	
Common Medical Event	Services You May Need	Blue Choice Provider (You will pay the least)	PPO Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you are pregnant	Office visits	Primary Care: \$20 Specialist: \$40; <u>deductible</u> does not apply	Primary Care: \$50 Specialist: \$100; <u>deductible</u> does not apply	50% <u>coinsurance</u>	<u>Copayment</u> applies to first prenatal visit (per pregnancy) <u>Cost sharing</u> does not apply to certain <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply.
	Childbirth/delivery professional services	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	\$250/visit	\$500 plus 30% <u>coinsurance</u>	\$600/visit plus 50% <u>coinsurance</u>	ultrasound).
	Home health care	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	
	Rehabilitation services	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	
	Habilitation services	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization may be required.
If you need help recovering or have	Skilled nursing care	\$250/visit	\$500/visit plus 30% <u>coinsurance</u>	\$600/visit plus 50% <u>coinsurance</u>	
other special health needs	Durable medical equipment	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Benefits are limited to items used to serve a medical purpose. <u>DME</u> benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice services	No Charge	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization may be required.
If your shild needs	Children's eye exam	Not Covered	Not Covered	Not Covered	
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	None
aciliai or eye care	Children's dental check-up	Not Covered	Not Covered	Not Covered	

# **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
Acupuncture	<ul> <li>Long-term care</li> </ul>	<ul> <li>Weight loss programs</li> </ul>		
<ul> <li>Dental care (Adult)</li> </ul>	<ul> <li>Routine eye care (Adult)</li> </ul>			

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document)				
<ul> <li>Bariatric surgery</li> <li>Chiropractic care (Limited to 30 visits per calendar year)</li> <li>Cosmetic surgery (Only for the correction of congenital deformities or conditions resulting from accidental injuries, scars, tumors, or diseases)</li> </ul>	<ul> <li>Hearing aids (Limited to 1 hearing aid for each ear, every 36 months for members under the age of 18)</li> <li>Infertility treatment (4 invitro attempt maximum with special approval up to 6 per benefit period)</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-800-541-2768, U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of Illinois at 1-800-541-2768 or visit <u>www.bcbsil.com</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <u>http://insurance.illinois.gov</u>.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

# Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-541-2768. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-541-2768. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-541-2768. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-541-2768.

—————To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.———

#### **About These Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and a hospital delivery)		<b>Managing Joe's type 2 Diab</b> (a year of routine in-network ca well-controlled condition	are of a	<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>deductible</u></li> <li>Other</li> </ul>	\$500 \$40 \$250 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>deductible</u></li> <li>Other</li> </ul>	\$500 \$40 \$250 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>deductible</u></li> <li>Other</li> </ul>	\$500 \$40 \$250 \$0
This EXAMPLE event includes service Specialist office visits (prenatal care Childbirth/Delivery Professional Serv Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blo Specialist visit (anesthesia)	ices	This EXAMPLE event includes service Primary care physician office visits ( <i>disease education</i> ) Diagnostic tests ( <i>blood work</i> ) Prescription drugs Durable medical equipment ( <i>glucose</i> )	including	<b>This EXAMPLE event includes servic</b> Emergency room care ( <i>including medic</i> Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical thera</i>	cal supplies)
Total Example Cost	\$12,800	Total Example Cost	\$7,400	Total Example Cost	\$1,900
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$200	Deductibles	\$300	Deductibles	\$500
Copayments	\$300	Copayments	\$200	Copayments	\$0
Coinsurance	\$0	Coinsurance \$0		Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$60	Limits or exclusions	\$0
The total Peg would pay is	\$560	The total Joe would pay is	\$560	The total Mia would pay is	\$500



BlueCross BlueShield of Illinois

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.
العربية Arabic	إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول ىلع المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة المتحدث مع مترجم فوري، اتصل ىلع الرم 6984-710-855.
繁體中文 Chinese	如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an.
ગુજરાતી Gujarati	જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયર્ક્રમ બાબતે પ્રશ્નો હોય, તો તમને વિના ખચેર્, તમારી ભાષામાં મદદ અને માહિતી મેળવવાનો ઠક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો.
हिंदी Hindi	यिद आपके, या आप जिसकी सहायता कर रहे हैं उैसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है। किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।.
Italiano Italian	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984.
한국어 Korean	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로 전화하십시오.
Diné Navajo	T'áá ni, éí doodago ła'da bíká anánílwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidígíí bee nił h odoonih. Ata'dahalne'ígíí bich'j' hodíílnih kwe'é 855-710-6984.
فارسی Persian	اگر شما، يا كسى كه شما به او كمك مي كنيد، سؤالى داشته باشيد، حق اين را داريد كه به زبان خود، به طور رايگان كمك و اطلاعات دريافت نماييد .جهت گفتگو با يك مترجم شهافى، با شماره تمسا حاصل نماييد 6984-710-855
Polski Polish	Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 855-710-6984.
Русский Russian	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.
اردو Urdu	اگر آپ کو، یا کسی ایسے نرد کو جس کی آپ مدد کررہے ہیں، کوئی سوال درپیش ہے تو، آپ کو اپنی زبان میں مفتمدد اور معلومات حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لئے۔ 8984-710-858 پر کال کریں۔
Tiếng Việt Vietnamese	Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984.



#### Health care coverage is important for everyone.

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator 300 E. Randolph St. 35th Floor Chicago, Illinois 60601		855-664-7270 (voicemail) 855-661-6965 855-661-6960 CivilRightsCoordinator@hcsc.net
You may file a civil rights complaint with the U.S. Departmen	nt of Health and Hu	man Services, Office for Civil Rights, at:
U.S. Dept. of Health & Human Services 200 Independence Avenue SW Room 509F, HHH Building 1019 Washington, DC 20201		800-368-1019 800-537-7697 https://ocrportal.hhs.gov/ocr/portal/lobby.jsf : http://www.hhs.gov/ocr/office/file/index.html